UK HAND KNITTING
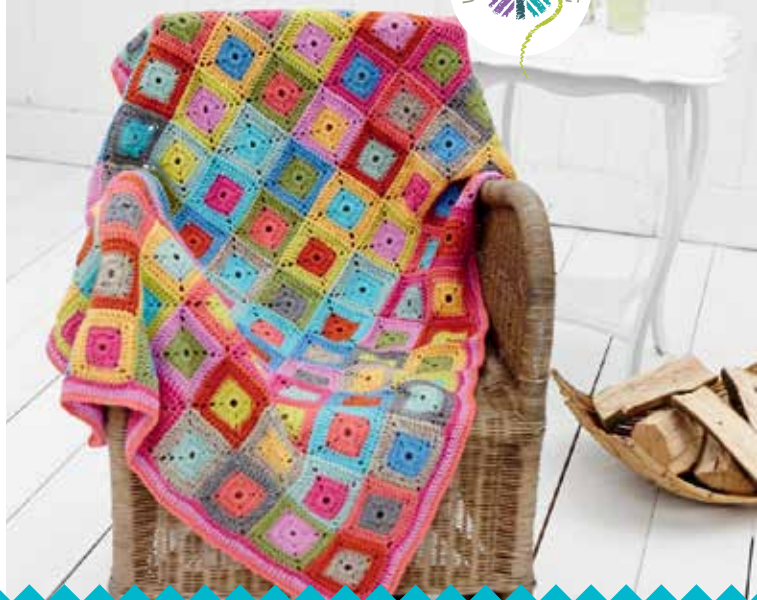
CROCHET BLANKET

ESSENTIAL HAT

DAINTY TULIPS

# COMMIT TO KNIT
## START CRAFTING FOR CHARITY TODAY!

UK HAND KNITTING

TWIDDLEMUFF

KNITTED SQUARES

BABY KNIT

CUTE MOUSE

EGG COSIES

8
QUICK
MAKES

Knitter   knitting   Simply Crochet

# CONTENTS

**W**elcome to this special supplement to celebrate Commit To Knit month this June, an event organised by UK Hand Knitting (UKHK).

We know that many of you are interested in using your craft to benefit charities across the country – it's one of the main reasons for visits to the UKHK website – so we're always keen to find ways to help you. UKHK first launched Commit To Knit last autumn and so many people signed up that we decided to make this an annual event.

The idea is simple – we're asking you to Commit To Knit (or crochet) just one item for charity during June. To help you with this, we've put together a collection of patterns in our members' yarns to offer some inspiration, and given information about a charity that the item is suitable for. From hats that keep premature babies warm to catnip toys that will make rescue cats happy, there's a project to suit every knitter and crocheter. All of these charities also need financial help so please consider making a donation to them if you can.

You can sign up to Commit To Knit by visiting www.eepurl.com/bwwQ_P. This is also a good way for UKHK to keep in touch with you and pass on information about any events that we think may interest you. If you do decide to take part, why not use our patterns as part of the World Wide Knit In Public Day celebrations (www.wwkipday.com) on Saturday 18 June?

Whether you knit one egg cosy, or get together with your knitting group to create a whole blanket, we think you are wonderful. Thank you!

**Russell Morris**
**UKHK**

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**26**

**05** **22** **15** **29**

# WHAT IS UKHK?

*Find out how this organisation can help you get more from your knitting and crocheting.*

UK Hand Knitting (UKHK) is a not-for-profit organisation dedicated to promoting hand knitting and associated yarn crafts. It has developed a nationwide network of volunteers, who pass on their skills to encourage newcomers to learn to knit or crochet at craft shows and other events across the UK.

The UKHK board members are major distributors of yarn and related products in the UK – James C Brett, Rico Design, Coats Crafts, Designer Yarns, Groves, King Cole, Sirdar, Norland, Thomas B Ramsden and Stylecraft.
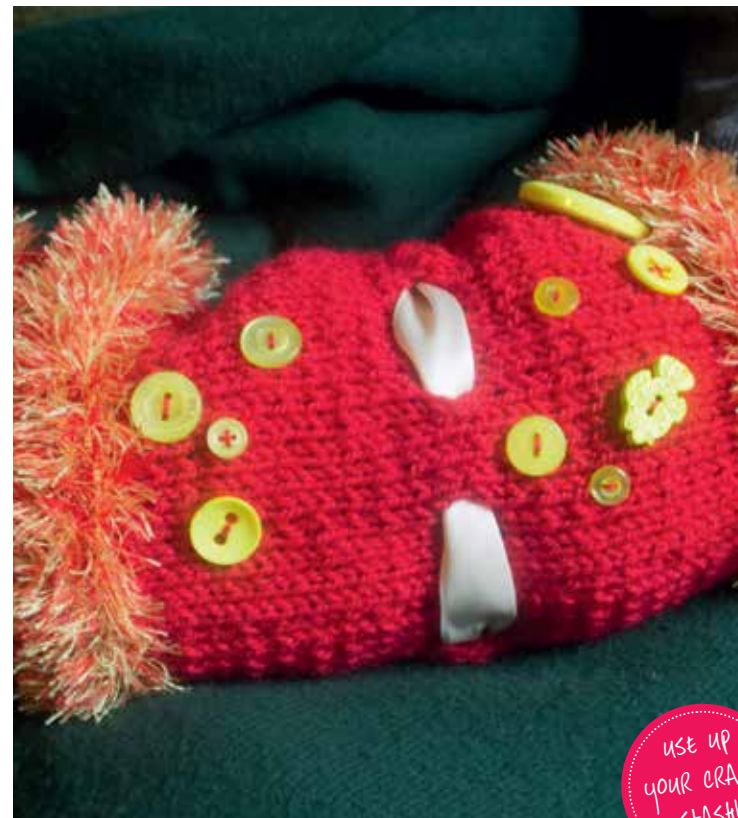
The UKHK website (www.ukhandknitting.com) is a fantastic resource for knitters and crocheters, featuring how-to videos, information on knitting and crocheting workshops across the UK, the latest news, a directory of yarn shops and lots more.

It also features a comprehensive list of over 550 knitting groups in the UK, which can be searched by region to find the ones closest to you.

UKHK members create special patterns for you to buy, the sale of which go towards funding UKHK activities such as its 'learn to knit' stands at yarn shows. These are available from the website and shops around the country.

If this booklet inspires you to take up your pins and hooks to do more charity crafting, you'll find a special Commit to Knit section on the UKHK website with information on other organisations that are currently accepting donations, plus more free patterns to help you get involved.

USE UP YOUR CRAFT STASH!

# BUTTONS & BOWS

*This textured hand muff is an ingenious item to help those with dementia. By* **King Cole.**

## YOU WILL NEED

- King Cole, Fashion Aran (70% acrylic, 30% wool, 100g/200m) 1 ball of:
  **Yarn A** Red (009)
- King Cole, Moments (100% polyester, 50g/90m) 1 ball of each:
  **Yarn B** Red (478)
  **Yarn C** Yellow (1610)
- A pair of 5mm needles
- Assorted buttons
- Ribbon or cord

For yarn stockists contact King Cole 01756 703670 www.kingcole.com

## TENSION

Tension is not critical for this project

## MEASUREMENTS

30cm (12in) diameter and 30cm (12in) circumference

## ABBREVIATIONS

**MB** Make Bobble: K1, P1, K1 into next st, turn, K3, turn, P3, turn, K3, turn, slip 2nd and then 3rd bobble st over the 1st on left-hand needle, k1tbl

For a full list see page 31

**T**widdlemuffs are double thickness handmuffs that are given to those with dementia to provide a stimulation activity for restless hands. Red and yellow are the colours that people with dementia find easiest to see, and the buttons, ribbons and bobbles are designed to be calming as well as creating interesting textures both inside and outside the muff.

### Ⓚ TWIDDLEMUFF

**Cast on** 54 sts using 5mm needles and Yarn A.
Work 4 rows in garter st.
Change to Yarns B and C held together.
Work 4 rows in garter st.
Change to Yarn A.
Work 8 rows in st st.
Change to Yarns B and C.

Work 6 rows in garter st.
Change to Yarn A.
Cont in st st until work measures 18cm.

**Next row** (K4, k2tog, yo) 10 times, K4.
Cont in st st until work measures 27cm.

Change to Yarns B and C.
Work 6 rows in g st.
Change to Yarn A.
Work 4 rows in garter st.
Mark end of last row with scrap yarn.
Work 4 rows in garter st.
Work 8 rows in st st.
Change to Yarns B and C.
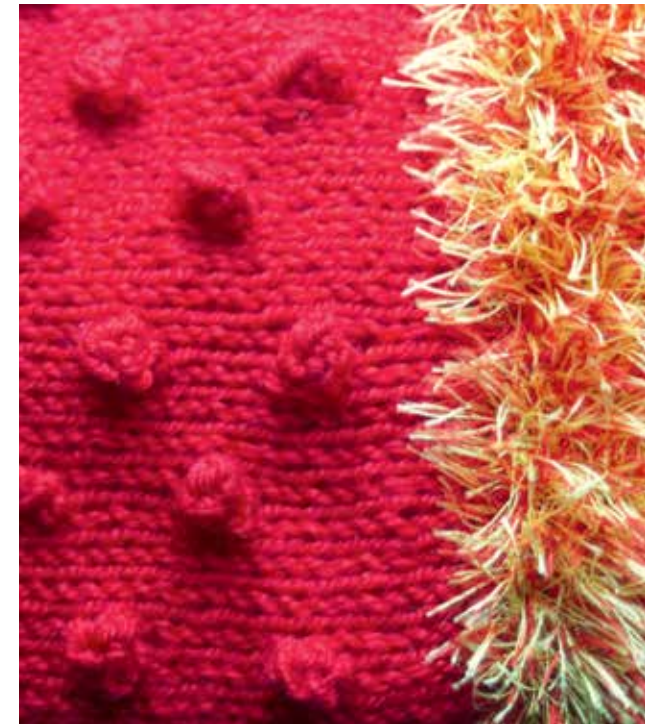Work 12 rows in g st.
Change to Yarn A.
Work 8 rows in st st.

**Next row** K6, (MB, K7) to end.
Work 3 rows in st st.
**Next row** K10, (MB, K7) 4 times, MB, K to end.
Work 3 rows in st st.

Rep last 8 rows.
Work 6 more rows in st st.
Work in g st until the second half equals first to marker.
**Cast off.**

### TO MAKE UP

Sew a selection of buttons randomly across the stocking stitch sections. Sew the twiddlemuff into a tube along the long edges. Tuck the lining into the tube using the marked row as a fold line. Secure the folded edge with a line of running stitches. Stitch the cast-off and cast-on edges together at the other end to secure the lining in place. Run ribbon or cords through the eyelets. 🧶

*Get creative with textures! Knitted bobbles and soft fur yarn are used on this twiddlemuff to create different raised effects.*

### WHO WOULD LIKE THIS ITEM?

Knit for Peace is an initiative of the Charities Advisory Trust that matches knitters with good causes. Its distribution service is a much-needed resource to help knitters support projects both overseas and in the UK, and sends out knitted items to more than 80 outlets including hospitals, women's refuges, refugee drop-in centres, prisons, community groups and hospices. Knit for Peace is currently looking for adult and children's clothing, baby teddies, bed socks, scarves and adult hats, plus specialist items such as the twiddlemuffs featured here, which the charity distributes via the NHS to patients in hospitals. As well as knitted items, the charity also takes donations of yarn, equipment and money to sustain the work it does. For more information on how you can use your skills for the charity, visit www.knitforpeace.org.uk, where you'll also find lots of free patterns to help you complete the required items.

# EGG-CELLENT IDEA

*You'll want to knit a whole set of these funky* **Patons** *egg cosies, topped with oh-so-cute pompoms!*

**Patons**

SIMPLE COLOURWORK PROJECT

## YOU WILL NEED
■ Patons, Wool DK (100% wool, 50g/125m) 1 ball of each:
Beach Blue (165)
Passion Fruit (121)
Pink (137)
Natural (102)
Black (199)
■ A pair of 3½mm needles
**For yarn stockists contact Coats Crafts 01484 681881 www.makeitcoats.com**

## TENSION
Tension is not critical for this project

## MEASUREMENTS
14cm (5½in) diameter and 6cm (2in) high

## ABBREVIATIONS
For a full list see page 31

Have a go at knitting from a chart to make this sweet little zig-zag stripe egg cosy, and enjoy mixing and matching yarn shades to create your own unique colour combinations.

## (K) EGG COSY
**Cast on** 37 sts using 3½mm needles and Yarn A.
**Row 1** K1, *P1, K1; rep from * to end of row.
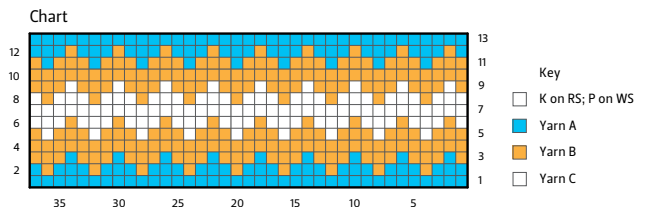**Row 2** P1, *K1, P1; rep from * to end of row.

Now continue in st st, working rows 1–13 of Chart.

### SHAPING THE TOP
In Yarn A, *P1, p2tog; rep from * to last st, P1. [25 sts] Knit the next row.
**Next row** *P1, p2tog; rep from * to last st, P1. [13 sts]
**Next row** K2tog, rep to last st, K1. [7 sts]

Thread yarn through rem sts and pull tight. Sew in the ends and make a pompom for the top of the cosy.

### HOW TO USE OUR CHARTS
Start at the bottom right-hand corner. Read right side rows from right to left and wrong side rows from left to right. A row of squares represents a row of knitting.

Chart

Key
☐ K on RS; P on WS
■ Yarn A
■ Yarn B
☐ Yarn C

### WHO WOULD LIKE THIS ITEM?
Oxfam is always looking for items to sell in its shops or at the many festivals it attends. The charity works around the world to alleviate poverty and create societies where empowered individuals can thrive. Take your cosies to your local Oxfam shop – find it at www.oxfam.org.uk.

OXFAM

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# PURRFECT PRESENT

*Make a rescue cat's day by knitting it an adorable catnip mouse.* **By Wendy.**

*Wendy*

**QUICK AND EASY toy knit**

## YOU WILL NEED
- Wendy, Merino Chunky (100% wool, 50g/65m)
  1 ball of each:
  **Yarn A** Pumice (2472)
  **Yarn B** Cloud (2470)
- A pair of 5mm needles
- Oddment of black embroidery thread
- Stuffing
- Catnip (optional)
**For yarn stockists contact TB Ramsden 01943 872264 www.tbramsden.co.uk**

## TENSION
16 sts and 24 rows to measure 10x10cm (4x4in) over st st on 5mm needles

## MEASUREMENTS
7.5cm (3in) length from nose to tail

## ABBREVIATIONS
For a full list see page 31

For cats awaiting their 'furrever' homes in rescue centres, it can be a long, dull time. A gift of this catnip mouse will make the wait a lot more fun!

### BODY
**Cast on** 9 sts using 5mm needles and Yarn A.
**Row 1** Kfb in every st. [18 sts]
**Row 2** Purl.
**Row 3** Kfb in every st. [36 sts]
**Rows 4–12** Work in st st, beg with a P row.
**Row 13** (K4, k2tog) to end. [30 sts]
**Row 14** Purl.
**Row 15** (K3, k2tog) to end. [24 sts]
**Row 16** Purl.
**Row 17** (K2, k2tog) to end. [18 sts]
**Row 18** Purl.
**Row 19** (K1, k2tog) to end. [12 sts]
**Row 20** Purl.
**Row 21** K2tog to end. [6 sts]
**Row 22** Purl.
**Row 23** K2tog to end. [3 sts]
This is the nose/head end.

Break yarn leaving a long end. Use this end to thread through the



*Cats will love playing with the mouse's curly knitted tail!*



*Use black thread to embroider dots for the nose and eyes.*

remaining 3 sts then pull up tight and fasten off. Stitch side seam. Stuff mouse lightly, place a small amount of catnip in the centre of the stuffing if required. Use a running stitch around the base and pull up tight to fasten off.

### EARS (MAKE 2 IN YARN A AND 2 IN YARN B)
**Cast on** 4 sts.
**Row 1 and every alt row** Purl.
**Row 2** K1, (M1, K1) to

end. [7 sts]
**Row 4** K1, M1, K5, M1, K1. [9 sts]
**Rows 5–7** Work in st st, beg with a K row.
**Row 8** K2togtbl, K5, k2tog. [7 sts]
**Row 9** K2togtbl, K3, k2tog. [5 sts]
**Row 12** K2togtbl, k3tog then pass 1st stitch over 2nd stitch and fasten off.

With WS together, overstitch a main and contrast coloured ear together and sew in place on head. Repeat for other ear.

### TAIL
**Cast on** 30 sts using Yarn A.
**Cast off.**
Stitch in place on body.

### FINISHING
Embroider eyes and nose and weave in ends.

*Catnip will help make this toy irresistible! Add a little bit to the stuffing before you place it in the mouse's body.*

*A FUN PATTERN FOR A GROUP*

# RAINBOW BRIGHT
*A colourful blanket will be a wonderful comfort for ill and traumatised children. By **Stylecraft.***

Stylecraft

## YOU WILL NEED

- Stylecraft, Life DK (75% acrylic, 25% wool, 100g/298m) 1 ball of each:
  Cascade (2308)
  Zing (2356)
  Pebble (2327)
  Mint (2342)
  Clover (2358)
  Stone Nepp (2324)
  Aqua (2357)
  Melon (2359)
  Fern (2311)
  Lily (2417)
  Copper (2312)
  Daffodil (2394)
- A 4mm (US G/6) hook
**For yarn stockists contact Stylecraft 01535 609798 www.stylecraft-yarns.co.uk**

## TENSION
9x9cm (3½x3½in) square on 4mm hook

## MEASUREMENTS
The finished blanket measures 84x114cm (33x45in)

## ABBREVIATIONS
For a full list see page 31

**W**ho can fail to smile when they see this cheery design? It would be a great project to make with a group, with each of you contributing a few squares to the finished blanket.

### ARRANGING THE SQUARES
The throw is made up of 108 squares, arranged in a rectangle 9 squares wide by 12 squares long. Each square uses 2 colours (A and B), picked at random from the list of 12 colours. Refer to the photograph for more layout details.

### YARN ENDS
When changing colour, leave a long end to either work over to neaten or to sew in later.

### BASIC SQUARE
Using Yarn A, ch5, sl st into first ch to form a ring.
**Round 1** Ch2 (counts as first tr), 4tr into ring, ch3, *5tr into ring, ch3; rep from * twice more, sl st into 2nd of ch2 to join. [20 tr]
**Round 2** Ch2 (counts as first tr), 1tr into each of next 4 sts, (1tr, ch3, 1tr) all into corner ch sp, *1tr into each of next 5 sts, (1tr, ch3, 1tr) all into corner ch sp; rep from * twice more, sl st into 2nd of ch2 to join. [28 tr]
Cut off yarn, pull through last loop and fasten off.
**Round 3** Attach Yarn B into any corner sp, ch5 (counts as first tr and ch 3 sp), 1tr into same corner sp, 1tr into each of next 7 sts, *(1tr, ch3, 1tr) all into corner sp, 1tr into each of next 7 sts; rep from * twice more, sl st into 2nd of ch5 to join. [36 tr]
**Round 4** Ch2 (counts as first tr), (1tr, ch3, 1tr) all into corner sp, *1tr into each of next 9 sts, (1tr, ch3, 1tr) all into next corner sp; rep from * twice more, finish with 1tr into each of last 8 sts, sl st into 2nd of ch2 to join. [44 tr]
Sew in all yarn ends neatly.

### JOINING SQUARES
The squares are joined together along each edge. Place the squares 9 squares wide by 12 squares long on a table or bed, and arrange until you are happy with the order. Sew or crochet the edges together.

### BORDER
With RS facing, attach any colour yarn into any corner sp and work as follows:
**Round 1** Ch2 (counts as first tr), (1tr, ch3, 2tr) all into same corner sp, 1tr into each of next 11 sts, *1tr into corner sp, 1tr into join, 1tr into corner sp of next square, 1tr into each of next 11 sts; rep from * to next corner sp, (2tr, ch3, 2tr) all into corner sp. Continue in the same way along the remaining 3 sides, omitting last corner group, sl st into 2nd of ch2 to join. Cut yarn, pull through last loop and fasten off. With RS facing, attach any colour yarn into any corner sp and work as follows:

**Round 2** Ch2 (counts as first tr), (1tr, ch3, 2tr) all into same corner sp, 1tr into each tr to next corner sp, *(2tr, ch3, 2tr) all into corner sp, 1tr into each tr to next corner sp. Rep from * twice more, sl st into 2nd of ch2 to join. Cut yarn, pull through last loop and fasten off.
**Round 3** As round 2, using any colour yarn. Cut yarn, pull through last loop and fasten off.

### TO FINISH
Sew in all yarn ends neatly. Pin out the blanket to the measurements given. Cover with clean, damp tea towels and leave to dry. See ball band for washing and further care instructions.


*Work a stripy border around the blanket to finish it off.*


*Choose the yarns at random to create a bright, colourful look.*

### WHO WOULD LIKE THIS ITEM?
Send your completed blanket to Project Linus UK, a volunteer organisation that provides a sense of security and comfort to sick and traumatised babies, children and teenagers through the provision of new and homemade knitted, crocheted or patchwork blankets. Project Linus began in the US in 1995 and came to the UK in 2000, where it now has a large network of volunteers and has donated over 260,000 quilts and blankets. Project Linus's volunteers deliver about 2,000 items across the UK each month, providing tangible evidence that someone cares along with the physical reassurance that comes with being snuggled up in a blanket. The charity aims to deliver items to children who are local to the makers. Head to www.projectlinusuk.org.uk for information on how you can help.

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# FLORAL FRENZY

*Hook this flower by **James C Brett** to support children with ME and chronic fatigue syndrome.*

*James C. Brett*

## YOU WILL NEED
- James C Brett, Cotton On (50% acrylic, 50% cotton, 50g/145m) 1 ball of each:
  **Yarn A** Pink (08)
  **Yarn B** Variegated Green (20)
- 3mm crochet hook
- 20cm of 1mm craft wire

**For yarn stockists contact James C Brett 01274 565959 www.jamescbrett.co.uk**

## TENSION
Tension is not critical for this project

## MEASUREMENTS
14cm high

## ABBREVIATIONS
For a full list see page 31

Springtime can be enjoyed all year round when you crochet one of these fabulous pink tulips!

### PETALS (MAKE 5)
Using Yarn A, ch4.
**Row 1** Starting in 2nd ch from hook, 3dc.
**Row 2** 1ch, 2dc in 1st dc, 1dc in next dc, 2dc in third dc. [5 sts]
**Row 3** 2ch, 1 htr in each dc.
**Rows 4 & 5** 2ch, 1 htr in each htr.
**Row 6** 1ch, 1dc in 1st htr, 1htr in next htr, 2tr in next htr, 1htr in next htr, 1 dc in next htr.
Fasten off and weave in ends.

### LEAVES (MAKE 2)
Using Yarn B, ch20.
**Row 1** Beg in 2nd chain from hook, work as folls down chain: 4dc, 3htr, 4tr, 2htr, 3dc, 2ss, 3ss in last ch.
Turn work and work along the other side of ch as follows: 2ss, 3dc, 2htr, 4tr, 3htr, 4dc. Fasten off and weave in ends.

### STEM
Using Yarn B, ch26.
**Row 1** Beg in 2nd ch from hook, 25dc.
**Rows 2–5** 1ch, work 1dc in each dc. Fasten off.

### TO MAKE UP
Fold and trim wire to make a core for the stem. Roll stem around core and stitch the edge in place up the back of the stem. Stitch the leaves to the base of the stem. Overlap petals and stitch the edges to the next petal about halfway up, to form a cup with a small space at the base. The gap should just allow the stem through. Push the top of the stem into the flower and stitch the petals in place on the inside. Pull petals and leaves into shape.

**WHO WOULD LIKE THIS ITEM?**
In 2015, a group of 20 mothers launched a campaign called Knit a Tulip for ME. They called themselves the AYME Mums, as their children are all members of the Association of Young People with ME (AYME) and their aim was to knit 25,000 tulips, one for each of the children thought to be affected by the condition in the UK. This year the AYME Mums are continuing to fundraise for AYME and other ME charities. Visit www.justgiving.com/Knitatulip.

# SNUGGLE IN STYLE

*Welcome a tiny little one with this prettily patterned hat. By **Sirdar**.*

SIRDAR

FIND CARDI & MORE SIZES IN SIRDAR 348

## YOU WILL NEED

- Sirdar, Snuggly DK (55% nylon, 45% acrylic, 50g/165m) 1 ball of Wobble (403)
- A pair of 4mm needles
- A pair of 3¼mm needles

**For yarn stockists contact Sirdar 01924 231682 www.sirdar.co.uk**

## TENSION

22 sts and 28 rows to measure 10x10cm (4x4in) over st st using 4mm needles

## MEASUREMENTS

22.5 (26)cm actual hat circumference – to fit babies born 27-31 (32-34) weeks

## ABBREVIATIONS

For a full list see page 31

For those babies who make an appearance early, this teeny hat will help keep them toasty.

### HAT

**Cast on** 49 (57) sts using 3¼mm needles.
**Row 1** K1, (P1, K1) to end.
**Row 2** P1, (K1, P1) to end.
Rep rows 1 & 2, 6 times.
**Next row** P7, p2tog, (P6 (8), p2tog) 4 times, P8. [44 (52) sts]

Change to 4mm needles.
**Row 1** Knit.
**Row 2** Purl.
**Row 3** K2, P1, (K3, P1) to last st, K1.
**Row 4** Purl.
**Rows 5 & 6** As rows 1 & 2.
**Row 7** K4, P1, (K3, P1) to last 3 sts, K3.
**Row 8** Purl.
Rep rows 1–8 until Hat measures 9cm, ending with a WS row.

### SHAPE CROWN
**Row 1** Patt 4 (5), patt2tog, (patt 4 (5), patt2tog) 6 times, patt 2 (3). [37 (45) sts]
**Row 2 and all alt rows**. Purl.
**Row 3** Patt 3 (4), patt2tog, (patt 3 (4), patt2tog) 6 times, patt 2 (3). [30 (38) sts]
**Row 5** Patt 2 (3), patt2tog, (patt 2 (3), patt2tog) 6 times, patt 2 (3). [23 (31) sts]
**Row 7** Patt 1 (2), patt2tog, (patt 1 (2), patt2tog) 6 times, patt 2 (3). [16 (24) sts]
**Row 9** Patt 0 (1), (patt2tog) 8 (1) times, (patt 0 (1), patt2tog) 0 (6) times, patt 0 (3). [8 (17) sts]
**Row 10** Patt 0 (1), (patt2tog) 0 (8) times. [8 (9)] sts.
Cut yarn, draw through rem sts and fasten off.

### TO MAKE UP
Sew in ends and join back seam, reversing sewing for turn up rib.

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# KEEPING COSY

*This toasty hat by **Rico Design** is sure to help the recipient stay warm on a cold night.*

**RICO DESIGN**

HAVE A GO AT CABLE knitting!

## YOU WILL NEED
- Rico Design, Essentials Merino DK, (100% wool, 50g/120m) 2 balls of Burgundy (009)
- A pair of 3¼mm needles
- A pair of 4mm needles
- A cable needle

**For yarn stockists contact your local Rico Design retailer or online stockist**

## TENSION
27 sts and 31 rows to measure 10x10cm (4x4in) over pattern on 4mm needles

## MEASUREMENTS
53cm (21in) diameter

## ABBREVIATIONS
**C10B** slip 5 sts onto cn, hold at back of work, K5 from left-hand needle, K5 from cn
**C6B** slip 3 sts onto cn, hold at back of work, K3 from left-hand needle, K3 from cn

For a full list see page 31

**W**arm hats are always welcome items of clothing when it's chilly, and Rico's unisex design has a ribbed brim to make it extra snug. The cables create a lovely texture, and once you've mastered the cabling pattern the hat will knit up quickly. Finish with a jaunty pompom!

### K CABLE HAT
**Cast on** 142 sts using 3¼mm needles and thumb method.
**Row 1** *K2, P2; rep from * to last 2 sts, K2.
**Row 2** *P2, K2; rep from * to last 2 sts, P2.
These 2 rows will now be referred to as 2x2 rib.
Cont in 2x2 rib until work measures 9cm, ending with a RS row.
**Next row** P to end inc 3 sts evenly across row. [145 sts]

Change to 4mm needles and work as follows:
**Row 1** *P6, K10; rep from * to last st, P1.
**Row 2** K1, *P10, K6; rep from * to end.
Rep rows 1 & 2 once.
**Row 5** *P6, C10B; rep from * to last st, P1.

**Row 6** As row 2.
Rep rows 1 & 2, 4 times.
These 14 rows form patt.
Work 28 rows more in patt.

### SHAPE CROWN
**Row 1** *P2togtbl, P2, p2tog, K10; rep from * to last st, P1. [127 sts]
**Row 2** K1, *P10, K4; rep from * to end.
**Row 3** *P2togtbl, p2tog, K10; rep from * to last st, P1. [109 sts]
**Row 4** K1, *P10, K2; rep from * to end.
**Row 5** *P2, C10B; rep from * to last st, P1.
**Row 6** K1, *P10, K2; rep from * to end.
**Row 7** *P2, sl1, K1, psso, K6, k2tog; rep from * to last st, P1. [91 sts]
**Row 8** K1, *P8, K2; rep from * to end.
**Row 9** *P2, sl1, K1, psso, K4, k2tog; rep from * to last st, P1. [73 sts]
**Row 10** K1, *P6, K2; rep from * to end.
**Row 11** *P2, C6B; rep from * to last st, P1.
**Row 12** K1, *P6, K2; rep from * to end.
**Row 13** *P2, sl1, K1, psso, K2, k2tog; rep from * to last st, P1. [55 sts]

**Row 14** K1, *P4, K2; rep from * to end.
**Row 15** *P2, sl1, K1, psso, k2tog; rep from * to last st, P1. [37 sts]
**Row 16** K1, *P2, K2; rep from * to end.
**Row 17** *P2tog, k2tog; rep from * to last st, P1. [19 sts]
**Row 18** K1, *p2tog; rep from * to end. [10 sts]

Break yarn and thread through rem 10 sts. Fasten off.

TO MAKE UP
Weave in ends and sew back seam, reversing sewing for 8cm for turnback. Make a 12cm diameter pompom and attach to the crown. Cover with a clean, damp tea towel and leave until dry.
See ball band for washing and further care instructions. 🧶

## STEP-BY-STEP C6B  CABLE 6 BACK



**1** Purl up to where your cable is going to begin. Slip the next 3 stitches onto the cable needle.

**2** Take the cable needle and stitches to the back of the knitting. Knit the next 3 stitches, pulling the first stitch tight to avoid ladders.
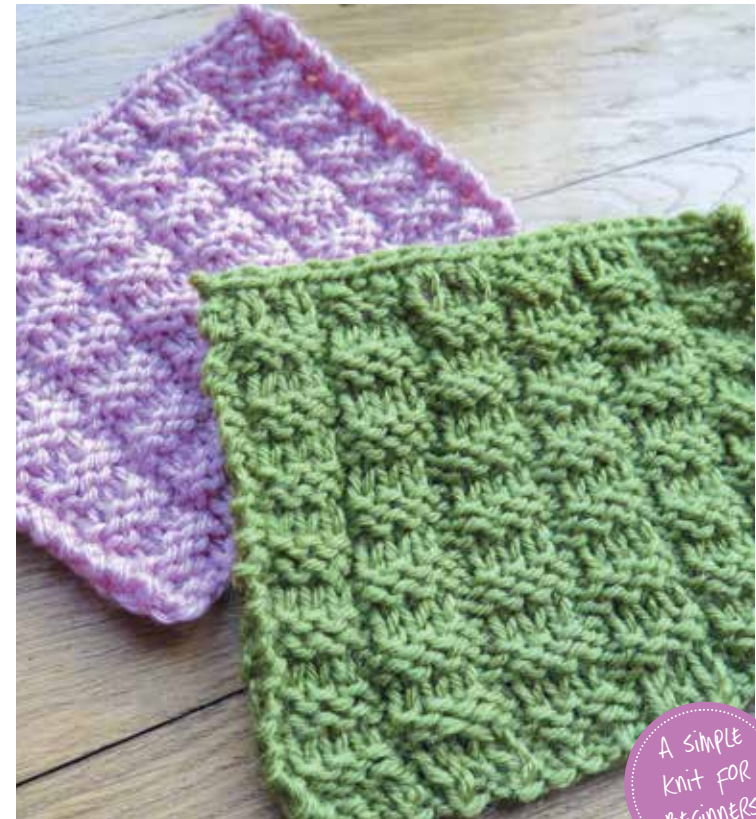
**3** Bring the cable needle to the front of the knitting and knit the 3 stitches from the cable needle, then continue.

WHO WOULD LIKE THIS ITEM?
The Mission to Seafarers cares for merchant seafarers from around the world, working in 200 ports in over 15 countries with its global network of chaplains, staff and volunteers. The charity's Flying Angel centres provide a 'home away from home' for seafarers who have been working for several months on container ships, and it also offers help, advice and support. One of the Mission's remits is to pass on warm clothing to those in need, and so it would like to receive knitted or crocheted balaclavas, scarves, gloves and hats in any colours. You'll find a selection of patterns for knitted items available to download for free on its website. For more details, visit www.missiontoseafarers.org/support-us/other-ways-to-help/knit-for-us.



*A SIMPLE Knit FOR BEGINNERS*

# HIP TO BE SQUARE
*Use your stash to contribute to a blanket and bring warmth to children in need.*
*By* **Designer Yarns**.

dy

## KNITTED SQUARE

**M**aking simple squares takes no time at all, so they're a great project for knitting on the go.

#### (K) SQUARE
**Cast on** 27 sts using 5mm needles.
**Row 1** K1, (P1, K1) 13 times.
**Row 2** K1, (K5, P3) 3 times, K2.
**Row 3** K1, P1, (K3, P5) 3 times, K1.
**Row 4** (K2, P3, K3) 3 times, K3.
**Row 5** K1, (P5, K3) 3 times, P1, K1.
**Rows 6–29** Rep rows 2–5.
**Row 30** K2, (P1, K1) 12 times, K1.
**Cast off.**

#### TO MAKE UP
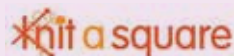Sew in ends. If desired, sew squares together in 5x7 rows to make a blanket.

*If you know how to knit and purl you can make this!*

*Use a row counter to keep track of your progress.*

## KNITTING ABBREVIATIONS

| | | | | | |
|---|---|---|---|---|---|
| alt | alternate | | right (increase 1 stitch) | sk2po | (1 stitch decreased) slip 1 stitch, knit 2 stitches together, pass slipped stitch over (2 stitches decreased) |
| approx | approximately | M1P | make one purlwise by purling into back of loop between two sts (increase 1 stitch) | | |
| beg | beginning | | | | |
| cb | cable back | | | sl | slip |
| CC | contrast colour | | | sl st | slip stitch |
| cf | cable forward | MB | make a bobble | sm | stitch marker |
| cn | cable needle | MC | main colour | ssk | slip 2 stitches one at a time, knit 2 slipped stitches together (1 stitch decreased) |
| co | cast on | P/p | purl | | |
| cont | continue | patt(s) | pattern(s) | | |
| dec | decrease(ing) (by working two stitches together) | patt rep(s) | pattern repeat(s) | | |
| | | PB | place bead | | |
| est | established | pfb | purl into front and back of stitch | sssk | slip 3 sts one at a time, knit 3 slipped stitches together (2 stitches decreased) |
| DK | double knitting | | | | |
| foll/s | following/follows | PM | place marker | | |
| g st | garter stitch (knit every row) | P2tog | purl 2 stitches together (1 stitch decreased) | ssp | slip 2 sts one at a time, purl 2 slipped stitches together through back of the loops (1 stitch decreased) |
| inc | increase (usually knit into same stitch twice) | | | | |
| | | P3tog | purl 3 stitches together (2 stitches decreased) | | |
| K/k | knit | | | st(s) | stitch(es) |
| kfb | knit into front and back of stitch | prev | previous | st st | stocking stitch |
| | | psso | pass slipped stitch over | tbl | through the back of the loop |
| kwise | knitwise; by knitting the stitch | p2sso | pass 2 slipped stitches over | | |
| | | p(1)tbl | purl (1) into back loop | | |
| k2tog | knit the next two stitches together | pwise | purlwise; by purling the stitch | tog | together |
| | | | | WS | wrong side |
| k3tog | knit the next three stitches together | rem | remain/remaining | wyib | with yarn at back |
| | | rep(s) | repeat(s) | wyif | with yarn in front |
| k(1)tbl | knit (1) into back loop | RH | right hand | ybk | yarn to the back |
| LH | left hand | rib2tog | either k2tog or p2tog dep on what next st in ribbing should be (keeps ribbing looking neat on buttonholes) | yfwd | yarn forward |
| meas | measure(s) | | | yo | yarn over |
| M1 | make one by knitting into back of loop between two sts (increase 1 stitch) | | | yrn | yarn round needle |
| | | | | yon | yarn over needle |
| | | | | * | work instructions immediately following *, then repeat as directed |
| M1L | make one twisted to the left (increase 1 stitch) | RS | right side | | |
| | | skpo | slip 1 stitch, knit 1 stitch, pass slipped stitch over | | |
| M1R | make one twisted to the | | | | |

## CROCHET ABBREVIATIONS

| | | | | | |
|---|---|---|---|---|---|
| across | to end of the row | dec | decrease | sp(s) | space(s) |
| alt | alternate/alternating | dtr | double treble crochet | ss | slip stitch |
| approx | approximate(ly) | dtr2tog | work 2dtr together | st(s) | stitch(es) |
| beg | beginning | fl | insert hook under front loop only | tbl | through back loop |
| bl | insert hook under back loop only | | | t-ch(s) | turning chain(s) |
| | | foll/folls | following/follows | tog | together |
| ch(s) | chain/chain stitch(es) | htr | half treble | tr | treble crochet |
| ch-sp(s) | chain space(s) | htr2tog | work 2htr together | tr2tog | (yrh, insert hook in next st, yrh and pull up loop, yrh and draw through 2 loops) twice, yrh and draw through all loops on hook |
| ch- | refers to ch made previously, eg. ch-3 | in next | sts to be worked into the same stitch | | |
| cl(s) | clusters | inc | increase | | |
| 4-tr cl | (yrh, insert hook in sp/st, yrh & pull up loop, yrh & draw through 2 loops) 4 times, inserting hook in same sp/st, yrh & draw through all loops on hook | LH | left hand | | |
| | | lp(s) | loop(s) | | |
| | | meas | measures | WS | wrong side |
| | | p or pc | picot | yoh | yarn over hook |
| | | patt(s) | pattern(s) | yrh | yarn round hook |
| cont | continue | pm | place marker | * | work instructions immediately foll *, then rep as directed |
| dc | double crochet | prev | previous | | |
| dc2tog | (insert hook in next st, yrh and draw a loop through) twice, yrh and draw through all 3 loops on hook | rem | remain(s)/remaining | | |
| | | rep | repeat | [] or () | work or repeat all instructions in the brackets as directed |
| | | RH | right hand | | |
| | | rnd(s) | round(s) | | |
| | | RS | right side | | |
| | | sk | skip | | |

# SUPPORT A GOOD CAUSE TODAY!