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CABLE MITTS

To fit: Medium woman's hand, circumference 19.5cm, man's hand, 22cm

Yarn

2 [2] balls Wendy Merino DK

Needles

3mm and 3.5mm Cable needle

Tools

Stitch markers

Tension

23 sts and 31 rows to 10cm x 10cm square using stocking stitch and 3.5mm needles

Special abbreviations

C4B place next 2 sts on cable needle and hold to back, k2, k2 from cable needle

C4F place next 2 sts on cable needle and hold to front, k2, k2 from cable needle

Note

These mitts are knitted flat and seamed.

The main instructions are written for the fingerless version with instructions for completing the full mittens at the end.

PATTERN

Cable pattern for Right mitt(16 sts)

Row 1: K4, C4B, C4F, k4.

Rows 2&4: P

Row 3: K2, C4B, k4, C4F, k2.

Row 5: , C4B, k2, C4B, k2, C4F

Row 6: P

Cable pattern for Left mitt(16 sts)

Row 1: K4, C4B, C4F, k4.

Rows 2&4: P

Row 3: K2, C4B, k4, C4F, k2.

Row 5: , C4B, k2, C4F, k2, C4F

Row 6: P

Right Fingerless mitt

Using 3mm needles cast on 44 (52) sts.

Row 1: K1 [p3], k2, p2, k2, p2, k4, (p2, k2) to last 3 [5] sts, p3 [2], k0[3].

Row 2: P0 [3], k3 [2], (p2, k2) 7[8] times, p4, (k2, p2) twice, p1 [0], k0[3].

Row 3: K1 [p3], k2, p2, k2, p2, C4B, (p2, k2) to last 3 [5] sts, p3 [2], k0[3].

Row 4: As row 2

Rep rows 1-4 twice more and then rows 1-3 once more.

Row 16: P0 [3], m0[1], k3 [2], m1[0], (p2, k2) 7[8] times, p4, k2, p2, k2, m1[0], p2[3]. m0[1], k0[3]. 46[54] sts

Change to 3.5mm needles and start pattern

Row 1: P4 [6], work row 1 of right cable pattern, p to end.

Row 2: K26[32], work row 2 of right cable pattern, k to end

These two rows set position of cable and rev st st panels.

Cont as set for 5 more rows.

Start shaping for thumb

Row 8: K23 [27], pm, m1, pm, k3, patt to end. 47 [55]sts

Row 9: Patt to maker, sm, p to marker, sm, p to end.

Row 10: K to marker, sm, m1, k to marker, m1, sm, patt to end. 49 [57] sts

Rep rows 9 and 10 until there are 63 [75] sts (17[21] thumb sts between markers).

Rep row 9.

Next row: K to second marker turn work.

Next row: P 17 [21], turn work. Cont on thumb sts only.

Work 4 [6] more rows in rev st st.***

Next row: (K1, p1) to last st, k1.

Next row. (P1, k1) to last st, p1.

Cast off in rib and break yarn.

With WS facing rejoin yarn after thumb, patt to end.

Next row (RS): Patt 23 [27], pick up and knit 1 st in corner before thumb, pick up and knit 1 st in corner after thumb, p to end. 48 [56] sts

Next row: K22, k2tog, ssk, patt to end. 46 [54] sts.

Cont in patt for 8 [10] more rows. ***



CABLE MITTS

Next row: P0[2], -[p2tog], k2, k2tog [-], p2, k2, p2, k4, (p2, k4) to last 4 [6] sts, p2tog [-], p2, -[k2tog], k0[2].

Next row: P0[3], k3[2], (p2,k2) 7[8] times, p4, (k2, p2) twice, p1[0], k0[3]

Next row: P0[3], k3 [2], p2, k2, p2, C4B, (p2, k4) to last 3 [5] sts, p3 [2], k0[3].

Next row: P0[3], k3[2], (p2,k2) 7[8] times, p4, (k2, p2) twice, p1[0], k0[3]

Cast off in rib

Left fingerless mitt

Using 3mm needles cast on 44 [52] sts.

Row 1: K0 [3] p3 [2], (k2, p2) 7 [8]times, k4, (p2, k2) twice, k1 [0], p[0]3.

Row 2: K0 [3] p3 [2], k2, p4, (k2, p2) to last 3 [5] sts, k3[2], p3.

Row 3: K0 [3] p3 [2], (k2, p2) 7 [8]times, C4F, (p2, k2) twice, k1 [0], p[0]3.

Row 4: As row 2

Rep rows 1-4 twice more and then rows 1-3 once more.

Row 16: K0 [3], m0[1], p3 [2], m1[0], k2, p2, k2, p4, (k2, p2) to last 3 [5] sts, m1 [0],k3[2], m0 [1], p0 [3]. 46 s[54] ts

Change to 3.5mm needles and start pattern.

Row 1: P26 [32], work row 1 of right cable pattern, p to end

Row 2: K4 [6], work row 2 of right cable pattern, k to end.

These two rows set position of cable and rev st st panels.

Cont as set for 5 more rows.

Start shaping for thumb

Row 8: Patt 23 [27], pm, m1, pm, k to end. 47 [55] sts

Row 9: P to maker, sm, p to marker, sm, patt to end.

Row 10: Patt to marker, sm, m1, k to marker, m1, sm, k to end. 49 [57]sts

Rep rows 9 and 10 until there are 63 [75] sts (17[21] thumb sts between markers).

Rep row 9.

Next row: Patt to second marker turn work.

Next row: P 17 [21], turn work. Cont on thumb sts only.

Work 4 [6] more rows in rev st st.***

Next row: (K1, p1) to last st, k1.

Next row. (P1, k1) to last st, p1.

Cast off in rib and break yarn.

With WS facing rejoin yarn after thumb, patt to end.

Next row (RS): P23 [27], pick up and knit 1 st in corner before thumb, pick up and knit 1 st in corner after thumb, patt to end. 48 [56] sts

Next row: Patt 22, k2tog, ssk, k to end. 46 [54] sts.

Cont in patt for 8[10] more rows. ***

Next row: K0 [2], -[k2tog], p2, p2tog [-], (k2, p2) 7 [8]times, k4, p2, k2, p2, k2tog [-] k2, -[p2tog], p0 [2]

Next row: K0 [3] p3 [2], k2, p4, (k2, p2) to last 3 [5] sts, k3[2], p3.

Next row: K0 [3] p3 [2], (k2, p2) 7 [8]times, C4F, (p2, k2) twice, k1 [0], p3.

Next row: As row 2

Cast off in rib

To make up

Join side and thumb seams. Weave in ends

Full right mitten

Work as right mitt to **.

Cont in rev s st until thumb of work is as long as actual thumb, ending with P row.

Next row: K1, ssk 3 times, sl1, k2tog, pssso, k2tog 3 times k1. 9 sts

Next row: p2tog twice, p1, p2tog tbl twice. 5 sts

Cut yarn leaving long tail and thread through rem r sts.

Cont as right mitt to ***.

Work without shaping until 9[10] patt reps are complete. ****

Next row: - [p2tog], p2, p2tog,k2, k2tog, C4B, C4F, ssk, k2, p2tog, p3 [p3tog].(p2tog, p2) twice, p3tog.(p2, p2tog) twice, p2, -[p2tog]. 36 [40] sts

Next row: K19 [22], p14, k to end

Next row: P1 [p2tog], p2tog, sl 3sts to cable needle and hold to back, k2, (k1, k2tog) from cable needle, k1, k2tog, k1, sl 2sts to cable needle and hold to front, (ssk, k1), k2 from cable needle, p2tog, p1, p2tog, p2, p2tog, p1,

- [p2tog].(p2, p2tog) twice, p1 [p2tog]. 28[28] sts

Next row: K15, p11, k2.

Next row: P2tog, k2tog, ssk, k3, k2tog, ssk, p2tog 3 times, p1, p2tog tbl four times. 16sts

Next row: Ssk twice, k2tog twice, p2tog twice, p2tog tbl twice. 8 sts

Break yarn leaving a long tail. Thread through rem sts and pull tight. Use tail to sew side seam. Sew up thumb in same way. Weave in ends

Full left mitten

Complete thumb as for right mitten and keeping patt correct wotk as right mitten to ****.

Next row: -[p2tog], (p2, p2tog) twice, p2,

p3tog, (p2, p2tog) twice, p3 [p3tog], p2tog, k2, k2tog, C4B, C4F, ssk, k2, p2tog, p2, -[p2tog].]. 36 [40] sts

Next row: K3 [4],p14, k to end.

Next row: P1[p2tog], (p2tog, p2) twice, -[p2tog], p1, p2tog, p2, p2tog, p1, p2tog, sl 3sts to cable needle and hold to back, k2, (k1, k2tog) from cable needle, k1, k2tog, k1, sl 2sts to cable needle and hold to front, (ssk, k1), k2 from cable needle, p2tog, p1[p2tog]. 28[28]sts

Next row: K2, p11, k15

Next row: P2tog four times, p1, p2tog, tbl 3 times, k2tog, ssk, k3, k2tog, ssk, p2tog tbl. 16 sts

Next row: P2tog twice, p2tog tbl twice, ssk twice, k2tog twice. 8sts.

Finish in same way as right mitten.



STANDARD KNITTING ABBREVIATIONS

C4B	place next 2 sts on cable needle and hold to back, k2, k2 from cable needle
C4F	place next 2 sts on cable needle and hold to front, k2, k2 from cable needle
cm	centimetre(s)
cont	continue
dec	decreas(e)ing
foll(s)	follow(s)ing
in	inch(es)
inc	increas(e)ing
K	knit
M1	make 1 sts, by lifting yarn before next st on to left needle and knitting into back of loop
P	purl
patt	pattern
Pm	place marker
rem	remain(ing)
rep	repeat
RS	right side
Sl	slip st
Sm	slip marker
Ssk	sl1 knitwise, sl1 knitwise, k the two slipped sts tog tbl
St(s)	stitch(es)
St st	stocking stitch
tbl	through back of loop
Tog	together
WS	wrong side.

Crochet Abbreviations (UK)

Ch	chain
cm	centimetre(s)
cont	continue
Dc	double crochet
dc2inc	dc two stitches into stitch below
dc2tog	double crochet next 2 sts together
dc3tog	double crochet next 3 sts together
dec	decreas(e)ing
foll(s)	follow(s)ing
htr	half treble
in	inch(es)
patt	pattern
rem	remain(ing)
rep	repeat
RS	right side
Sp	space
Ss	slip stitch
St(s)	stitch(es)
tbl	through back of loop
tr	treble
WS	wrong side.