



FAST and EASY Teddy Bear Pattern



Materials:

Use the appropriate size of needles for the yarn you choose. The weight of the yarn will determine the size of the bear. Size 3.75 with double knitting yarn would be a good match.

Pins to hold bear together while sewing; a tapestry needle; synthetic stuffing; dark coloured yarn or buttons for eyes, nose and mouth.

Pattern:

The bear is worked in stocking stitch throughout and is knitted from the feet up, over the top of the head and down the other side to the feet again.

Begin with the legs and work two.

Cast on 8 stitches and work 16 rows. Break the yarn and leave the stitches on the needle.

Cast on another 8 stitches and work another 16 rows.

To work the body, knit across both legs and then work 12 rows.

To work the arms, cast on 8 stitches at the beginning of the next 2 rows. Work 8 more rows, then cast off 8 stitches at the beginning of the next 2 rows.

To make the head, work 38 rows on the 16 stitches you have left.

To make the second side of the arms, cast on 8 stitches at the beginning of the next 2 rows and work 8 more rows. then cast off 8 stitches at the beginning of the next 2 rows.

To make the second side of the body, work 12 rows.

To make the second side of the legs, work the first 8 stitches and then work 16 rows on these stitches. Cast off. Return to the remaining 8 stitches and work 16 rows on them. Cast off.

To make up the bear, fold the knitting in half and line up the sides, pinning if necessary. Using mattress stitch and working on the RT side, sew around the bear leaving an opening at the crotch area. At the ears, arms and feet, round off the sewing up slightly. Before inserting the stuffing, create the ears by stitching across the head at an angle, making 2 triangle-shaped ears. Either create eyes and a nose with yarn or use buttons. Stuff the bear with synthetic stuffing, shaping the head as you go. Close the crotch area.

Please send your completed items to Knit for Peace, Radius Works, Back Lane, London NW3 1HL. If you have enjoyed knitting this please make a donation to support Knit for Peace projects at www.knitforpeace.org.uk. Thank you.